



International Yoga Day celebrated with gusto at COEP Tech

The International Yoga Day was celebrated with great enthusiasm by the faculty, students and staff today at COEP Tech. To commemorate the 9th International Day of Yoga different programmes like 108 Suryanamaskar competition, Yoga Practice under the guidance of experts, Lectures to raise awareness about the numerous benefits of yoga and promote its holistic approach to physical, mental, and spiritual well-being, were held at the University campus